



VACCINATIONS IN PREGNANCY 2.0

When is it safe to get vaccinations?

Vaccination	Before pregnancy	During pregnancy	After pregnancy
Recommended for all women			
Influenza (once a year)	X	X	X
HPV – recommended up to age 26	X		X
MMR	X		X
Tdap (tetanus, diphtheria, pertussis) – if not already vaccinated can get this after 20 weeks in each pregnancy)	X	X	X
Varicella (chickenpox)	X		X
Recommended for women at high risk of getting these infections			
Hepatitis A	X	X	X
Hepatitis B	X	X	X
Meningococcal	X	X	X
Pneumococcal	X	X	X
Rabies	X	X	X

References

1. Adam, S. & Soma-Pillay, P. 2018. Obstetric Essentials. 3rd Edition. University of Pretoria
2. UptoDate 2022

Authorship

These guidelines were drafted by a clinical team from Mediclinic and were reviewed by a panel of experts from SASOG and the BetterObs clinical team and revised by the BetterObs scientific subcommittee in 2022. All attempts were made to ensure that the guidance provided is clinically safe, locally relevant and in line with current global and South African best practise. Succinctness was considered more important than comprehensiveness.

All guidelines must be used in conjunction with clinical evaluation and judgement; care must be individualised when appropriate. The writing team, reviewers and SASOG do not accept accountability for any untoward clinical, financial or other outcome related to the use of these documents. Comments are welcome and will be used at the time of next review.

Released on date: 2022 11 01

Disclaimer:

This document has been developed by interdisciplinary healthcare teams utilising the best available evidence and resources believed to be accurate and current at the time of release. They are intended to provide general advice and guidance on which to base clinical decisions. SASOG takes no responsibility for matters arising from changed circumstances or information that may have become available after issued. They must not be solely relied on or used as a substitute for assessing the individual needs of each patient.